

LIBBY LENTON

Libby has become one of the brightest and most established stars in world swimming. This is highlighted by an amazing three weeks of international competition winning five gold medals and one silver medal at the 2006 World Short Course in Shanghai, adding to the five gold and two silver she won at the Melbourne Commonwealth Games in March this year.

This performance followed the Commonwealth Games trials where Libby lit up the nation breaking the 100m freestyle world record in the semi final. She followed with 1st place in the final and further enhanced her status as Australia's sprint queen with victory in the 50m Freestyle. Libby continued her success with silver in the 200m freestyle and in the 100m butterfly.

2005 was another breakthrough year for the affable Queenslander with a series of outstanding results including the 2005 FINA World Championships, where Libby won gold in the 50m freestyle, anchored Australia to gold in the 4x100m freestyle relay, swam the fastest relay split in history to win gold in the 4x100m medley relay and set a new Commonwealth record to win silver in the 4x200m relay. Libby also claimed silver in the 100m butterfly, recording the fifth fastest time in history and emerged as the most successful member of the Australian Swim team at the World Championships. Libby also impressed at the 2005 Australian Short Course Championships where she claimed four gold and one silver medal including breaking the 100m freestyle world record twice! Libby also broke the 200m freestyle world record and set a new 50m freestyle Commonwealth record at the FINA World Cup in Sydney last year.

At the 2004 Athens Olympics, on the opening night of swimming competition, Libby and her team mates secured Australia's first female Olympic relay victory in the pool since Melbourne in 1956. They won gold in the 4x100m freestyle relay and broke the World Record at the same time. Libby then added a bronze medal to her collection with a super performance in the 50m freestyle individual event. Libby claimed her first individual world crown when she won gold in the 100m freestyle at the 2004 World Short Course Championships. She then produced the fastest 100m freestyle split ever recorded to anchor the 4 x 100m freestyle relay team to gold and a new world record. Prior to the Olympics, at the 2004 Australian Olympic Swimming Selection Trials Libby blitzed the field with a World Record in the 100m freestyle, set the second fastest Australian time ever in the 100m butterfly and broke the Australian Record in the 50m freestyle to qualify for her first Olympic Games.

2003 was the year that launched Libby Lenton into the elite ranks of Australian swimming. At the 2003 Telstra Australian Championships Libby broke the Australian record when she won her first open Australian title in the 50m freestyle. Libby went on to make her international debut at the 'Duel in the Pool' meet in Indianapolis, winning the 100m freestyle and breaking her own Australian record to win the 50m freestyle, becoming the first Australian woman in history to crack the 25 second barrier! Libby finished the year by setting Commonwealth and Australian records in the 50m and 100m freestyle at the 2003 FINA World Cup and was crowned the Australian Swimming Discovery of the Year and the Australian Short Course Swimmer of the Year.

Libby is an athlete with enormous ability. She has a fun personality, a beaming smile, is optimistic and loves working hard. As a World Record Holder, World Champion and member of the 'Golden Girls', Libby has cemented her place as one of the most versatile members of the team.



Sport: Swimming Eyes: Brown
DOB: 28/01/85 (21) Hair: Light Brown
Height: 169cm Residence: QLD

MAJOR SPORT ACHIEVEMENTS

2006

World Short Course C'shops, Shanghai

1st 100mF, 50mF, 100m butterfly, 4x 200F, 4 x 100 medley **WR**

2nd 4 x 100m Free

Commonwealth Games, Melbourne

1st 50mF, 100mF, 4x100mF, 4x200mF, 4x100m Medley

2nd 200mF, 100m butterfly

Commonwealth Games Swimming Trials

1st 100mF (WR – semi final), 50mF

2nd 200mF, 100m butterfly

2005

FINA World Cup, Sydney

1st 200mF **WR**, 50mF **CR**, 100mF

Australian Short Course Ch'Ships

1st 50mF, 100mF **WR**, 4x100mF, 4x100m MR

2nd 100m butterfly

FINA World Championships, Montreal

1st 50mF, 4x100mF, 4x100mMR

2nd 100m butterfly, 4x200mF **CR**

2004

Athens Olympic Games

Gold 4x100mF Relay **WR**, Bronze 50mF

Telstra Olympic Team Trials, Sydney

2nd 100mF **WR** in Semi Final

1st 50mF **AC**, 3rd 100m butterfly

WR = World Record, **CR** = Commonwealth Record

AC = Australian All-Comers **MR** = Meet Record

WHAT YOU MIGHTN'T KNOW

- Libby is a massive fan of NRL team the Brisbane Broncos.
- In her spare time Libby loves to go to the beach and hang out with friends.
- Her favourite TV show is "Dr. Phil" which airs in between her training each day.
- Her favourite food is pasta, followed by cookies and ice cream.
- Libby's all time favourite movie is 'Remember the Titans'.